

PROCLAMATION

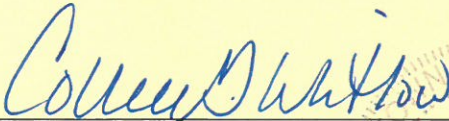
American Heart Month Month of February

WHEREAS, heart disease continues to be a leading cause of death in the United States, affecting Americans of all genders, races, and ethnicities. Heart disease is among the most preventable diseases despite being so prevalent. During American Heart Month, we recommit to fighting this disease by promoting better health, wellness, and prevention awareness in the community.

WHEREAS, heart disease can impact any person, risk factors such as high cholesterol, high blood pressure, physical inactivity, obesity, tobacco use, and alcohol abuse can increase the risk of developing this deadly disease. By adopting healthier habits, we all can reduce our risk.

NOW, THEREFORE, I, Colleen Whitlow, Mayor, of the Town of Mead, do hereby proclaim the month of February 2023 as American Heart Month and encourage all residents to commit to a healthy lifestyle.

Given under my hand and Seal of the Town of Mead, Colorado
On this 30th day of January 2023


Colleen G. Whitlow, Mayor

