



PROCLAMATION

Declaring July 10th – July 17th 2022

Kindness Week

WHEREAS, the Town of Mead is a community that embraces and values kindness; and

WHEREAS, the Town of Mead recognizes the value of acts of kindness that are performed without prompting or reason and how such acts positively impact the person offering kindness, the person receiving the act of kindness and those witnessing; and

WHEREAS, the mission of Kindness Week is to inspire community philanthropy by celebrating, learning, and connecting through kindness and to embrace and recognize kindness as a core value and a priority to build a kinder, more connected community; and

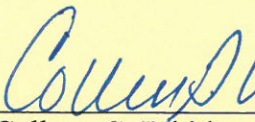
WHEREAS, mental health studies have shown that kindness can increase self-esteem, empathy and compassion, and improve mood; and

WHEREAS, the Town of Mead seeks to cultivate thoughtful and compassionate residents by teaching our youth to make a difference through kindness; and

WHEREAS, all residents of the Town of Mead are encouraged to amend kindness and service through intention and action, thus integrating kindness more regularly into our daily lives;

NOW THEREFORE, BE IT RESOLVED BY the Board of Trustees that July 10th through 17th 2022 is recognized as Kindness Week in the Town of Mead.

Given under my hand and Seal of the Town of Mead, Colorado
On this 11th day of July 2022


Colleen G. Whitlow
Mayor

